

**PTA Meeting Notes**  
**Meeting @6pm**  
**January, 18 2023**

**Board Members Present:**

Kate Rubin (Co-President), Dr, Meryem Bencheikh-Ellis (Co-President), Meredith Franco Meyers (Vice President) Regina Thompson (Treasurer) Tamiko Jackson (Co-Secretary) Chloe Lee (Secretary) Avion Joseph (Fundraising Coordinator) Members At-Large: Nicole Clark, Terri Desai, Esra Dayani; Principal Samantha Schmoeger,

**At least 8 associate members, including a minimum of 2 board members and 6 parent members present; a quorum was reached.**

**CALL TO ORDER** Meeting was called to order by Co-President (Middle School), Kate Rubin, at 6pm

**Co-President/ MS.Kate Rubin** [pta@k497.org](mailto:pta@k497.org)

Introduction to the meeting -IB principle is PRINCIPLED

**Principal Welcome-** [Samantha.Schmoeger@k497.org](mailto:Samantha.Schmoeger@k497.org)

- **High School classes not in session during regents week**
- **Middle school classes regular schedule**
- **Assistant Principal Negron leaving BHS, accepting a new position within the district**
- **Hiring of the new A.P. from within District 15, Ahmed into the BHS family.**

**Parent Coordinator Annoucements- Ms. Sampson**

- **Friday 1/20/23 6th grade trip reminder**
- **Updated schedules for electives 6th-8th grade**
- **Spring semester schedules will distributed tuesday 1/31/23**
- **Donations accepted for coat drive, clothing exc.**
- **Chaperones needed for 1/22/23**

**Speaker: Michael Davidovits, PHD, LCSW - Insight into Adolescents**

- **Family Therapist**
- **Talking about adolescents and families**
- **Anxiety cycles**
- **Restoring connections allowing space for autonomy**
- **Screen time**

- **Supporting each other's needs/managing anxiety**
- **Current events**
- **Moving towards connections making space for discussions**
- **Make time relax, enjoy each other's time**

**To BE APPROVED BY MEMBERSHIP AT January MEETING**